

Joel L. Young, M.D.

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Professional History

2000 – Present:	Chief Medical Officer and Founder, Clinical Trials Group at the Rochester Center for Behavioral Medicine, Rochester Hills, MI
1993 – Present:	Medical Director and Founder, Rochester Center for Behavioral Medicine, Rochester Hills, MI (www.rcbm.net).
2021 – Present	Founder, MindMetrix
2021 – Present	Founder and Medical Director, Medadata
2015-Present:	Clinical Associate Professor of Psychiatry, Wayne State University, Detroit, MI.
2015 – 2022	Clinical Examiner – Controlled Substance Exemption Determination, National League Football, Detroit Lions, Detroit, MI
2014 – 2021	Clinical Examiner – Controlled Substance Exemption Determination, Major League Baseball, Detroit Tigers, Detroit, MI
2008-2015:	Clinical Assistant Professor of Psychiatry, Wayne State University, Detroit, MI.
2000 – 2007:	Medical Director, Crittenton Network for Behavioral Health, Rochester, MI.
2000 – 2002:	Chief of Staff, Department of Psychiatry, Crittenton Hospital, Rochester, MI.
July, 1993 – 1997:	Medical Director, Psychiatric Emergency Services, Crittenton Hospital.
July, 1992 – June, 1993:	Chief Resident of Adult Services, Department of Psychiatry, University of Michigan Hospitals, Ann Arbor, MI.
Oct. 1991-Sept. 1993:	Unit Psychiatrist, Bon Secours Adolescent Mental Health Unit, Grosse Pointe, MI.
August, 1991 – 1996:	Consulting Psychiatrist, Beacon Hill Clinic, Birmingham, MI.
July, 1991 – June, 1992:	Consulting Psychiatrist, Washtenaw County Community Mental Health Services, Ann Arbor, MI.
July, 1990 – June, 1992:	House Officer, Department of Psychiatry, University of Michigan Hospitals.
June, 1989 – June, 1990:	Intern, Departments of Internal Medicine, Pediatrics and Psychiatry, University of Michigan Hospitals.

Boards

2021	Adlon Committee Member
2021	Corium: AZSTARYS ADHD Expert Steering Committee

2021	Ironshore Speaker Training Advisory Committee
2021	Noven Medical Advisory Board
2021	Supernus TEAM ADHD Steering Committee
2018	Fellow: American Board of Psychiatry and Neurology
2017	Re-certification of Geriatric Qualifications by the American Board of Psychiatry and Neurology through 2027.
2017	Re-certification of Forensic Qualifications by the American Board of Psychiatry and Neurology through 2027
2014	Re-Certification by the American Board of Psychiatry and Neurology through 2024
2007	Re-certification by the American Board of Adolescent Psychiatry.
August, 2003:	Board of Directors: Mental Illness Research Association (MIRA).
March, 2003:	Professional Advisory Board: Attention Deficit Disorder Association (ADDA).
March, 1997:	Certified by the American Board of Adolescent Psychiatry.
January, 1997:	Awarded “Added Qualification in Geriatric Psychiatry” by the American Board of Psychiatry and Neurology. Re-certification through 2017.
July, 1996:	“Added Qualification in Forensic Psychiatry:” Re-Certification through 2017.
November, 1994:	Diplomate: American Board of Psychiatry and Neurology.

Education

Aug., 1985 – June, 1989:	M.D., Wayne State University School of Medicine, Detroit, MI.
Jan., 1983 – June, 1985:	Post baccalaureate studies, Wayne State University, Detroit, MI.
Sept., 1979 – Dec., 1982:	A.B. (with high distinction) History: College of Literature, Science and the Arts, University of Michigan, Ann Arbor, MI.

Research Studies

December 2021:	Primary Investigator: <u>SP-624-201: A Multicenter, Double-blind, Randomized, Placebo-Controlled Study of the Safety and Efficacy of SP-624 in the Treatment of Adults with Major Depressive Disorder</u>
May 2021:	Primary Investigator: <u>102044RCT: A Double-Blind, Randomized, Placebo-Controlled, Single-Center, Flexible Titration Study Evaluating the Efficacy of Solriamfetol in Treating Fatigue and Cognitive Symptoms in Adults Aged 18-65 Years with a Diagnosis of Myalgic Encephalomyelitis/Chronic Fatigue Syndrome</u>
November 2020:	Primary Investigator: <u>33120100195: A Multicenter, Open-label Trial to Evaluate the Safety and Tolerability of Brexpiprazole in the Treatment of Adult Subjects With Borderline Personality Disorder</u>

- November 2020: **Primary Investigator:** 33120100071: A Phase 3, Multicenter, Randomized, Double-blind Trial of Brexpiprazole as Combination Therapy with Sertraline in the Treatment of Adults with Post-traumatic Stress Disorder
- November 2020: **Primary Investigator:** 54135419TRD4005: A randomized, Double-blind, Multicenter, Placebo-controlled Study to Evaluate the Efficacy, Safety, and Tolerability of Esketamine Nasal Spray, Administered as Monotherapy, in Adult Participants with Treatment-resistant Depression.
- January 2019: **Primary Investigator:** 405-201-00014: A Phase 3, Randomized, Double-blind, Multicenter, Placebo-controlled, Parallel-group Trial Evaluating the Efficacy, Safety, and Tolerability of Centanafadine Sustained-release Tablets in Adults with Attention-deficit/Hyperactivity Disorder
- January 2019: **Primary Investigator:** 405-201-00015: An Open-label, 52-Week, Multicenter Trial Evaluating the Long-term Safety and Tolerability of Centanafadine Sustained-Release Tablets in Adults with Attention-Deficit/Hyperactivity Disorder
- November 2018: **Primary Investigator:** 54135419MDD4001: Self-Reported Review of the Value of Esketamine (STRIVE) in Subjects with Treatment-Resistant Depression
- October 2018: **Primary Investigator:** 331-201-00079: A Phase 3, Multicenter, Randomized, Double-blind, Placebo-controlled Trial to Evaluate the Efficacy, Safety, and Tolerability of Brexpiprazole as Adjunctive Therapy in the Maintenance Treatment of Adults With Major Depressive Disorder
- August 2018: **Primary Investigator:** AR19.004: A Multicenter, Fixed-Dose, Double-Blind, Randomized Study to Evaluate the Efficacy and Safety of AR19 (Amphetamine Sulfate) in Adult Subjects (Ages 18-55) with Attention Deficit Hyperactivity Disorder (ADHD)
- May 2018: **Primary Investigator:** LVM-MD-14: A Double-blind, Placebo-and Active-controlled Evaluation of the Safety and Efficacy of Levomilnacipran ER in Pediatric Patients 7-17 Years With Major Depressive Disorder
- January 2018: **Primary Investigator:** 42847922MDD2002 A 6-Month, Multicenter, Double-Blind, Randomized, Flexible-Dose, Parallel-Group Study to Compare the Efficacy, Safety, and Tolerability of JNJ-42847922 versus Quetiapine Extended-Release as Adjunctive Therapy to Antidepressants in Adult Subjects With Major Depressive Disorder Who Have Responded Inadequately to Antidepressant Therapy
- October 2017: **Primary Investigator:** SEP360-321: A 12-week, Randomized, Double-blind, Parallel-group, Placebo-controlled, Fixed-dosed, Multicenter Study to Evaluate the Efficacy, Safety, and Tolerability of Dasotraline in Adults with Moderate to Severe Binge Eating Disorder
- October 2017: **Primary Investigator:** SEP360-322: An Open-label, Flexibly-dosed, Multicenter, Extension Study of Dasotraline to Evaluate Long-Term Safety and Tolerability in Adults with Binge-eating Disorder

- September 2017: **Primary Investigator:** SPD489-347: A Phase 3, Randomized, Double-blind, Multicenter, Parallel-group, Placebo-controlled, Fixed-dose Safety and Efficacy Study of SPD489 Compared with Placebo in Preschool Children Aged 4-5 Years with Attention-deficit/Hyperactivity Disorder
- September 2017: **Primary Investigator:** SPD489-348: A Phase 3, Open-label, Multicenter, 12-Month Safety and Tolerability Study of SPD489 in Preschool Children Aged 4-5 Years Diagnosed with Attention-deficit/Hyperactivity Disorder
- July 2017: **Primary Investigator:** AEVI-001-ADHD-202: A Multicenter, 3-Part, 6-Week, Double-blind, Randomized, Placebo-controlled, Parallel-design Study to Assess the Efficacy and Safety of AEVI-001 in Children and Adolescents (Ages 6-17 Years) with Attention Deficit Hyperactivity Disorder and with or without Copy Number Variants in Specific Genes Implicated in Glutamatergic Signaling and Neuronal Activity.
- May 2017: **Primary Investigator:** EVA-19350: RE-kinect Study. Real-world Evaluation Screening Study and Registry of Dyskinesia in Patients Taking Antipsychotic Agents
- March 2017: **Primary Investigator:** 54135419TRD3008: An Open-label Long-term Extension Safety Study of Intranasal Esketamine in Treatment-resistant Depression
- December 2016: **Primary Investigator:** MDGN-NFC1-ADHD-201: A Phase 2, Multicenter, 6-Week, Double-blind, Randomized, Placebo-controlled, Parallel-design Study to Assess the Efficacy and Safety of NFC-1 in Adolescents (Ages 12-17 Years) with Genetic Disorders Impacting Metabotropic Glutamate Receptors and Attention Deficit Hyperactivity Disorder
- September 2016: **Primary Investigator:** MDGN-NFC-ADHD-001: A Noninterventional Genotype/Phenotype Study of mGluR Mutations in Children and Adolescents with Attention Deficit Hyperactivity Disorder (ADHD)
- June 2016: **Primary Investigator:** ESKETINTRD3003: A Randomized, Double-blind, Multicenter, Active-controlled Study of Intranasal Esketamine Plus an Oral Antidepressant for Relapse Prevention in Treatment-resistant Depression
- March 2016: **Primary Investigator:** NLS-1001: A Double-Blind, Placebo-Controlled, Phase 2 Study to Determine the Efficacy, Safety, Tolerability and Pharmacokinetics of a Controlled Release (CR) Formulation of Mazindol in Adults with DSM-5 Attention Deficit Hyperactivity Disorder (ADHD)
- September 2015: **Primary Investigator:** SHP465-306: A Phase 3, Randomized, Double-blind, Multicenter, Placebo-controlled, Forced-dose Titration, Safety and Efficacy Study of SHP465 in Adults Aged 18 -65 Years with Attention-Deficit Hyperactivity Disorder (ADHD)
- July 2015: **Primary Investigator:** ALCOBRA-AL016: A 10-week, Randomized, Multicenter, Double-blind, Parallel, Fixed-dose Study of MDX (Metadoxine immediate-release/slow release, bilayer tablet) 1400mg Compared with Placebo in Adults with Attention Deficit/ Hyperactivity Disorder (ADHD)

- June 2015: **Primary Investigator:** SHP465-305: A Phase 3, Randomized, Double-blind, Multi-center, Placebo-controlled, Dose-Optimization, Safety and Efficacy Study of SHP465 in Children and Adolescents Aged 6-17 Years with Attention-Deficit Hyperactivity Disorder (ADHD)
- May 2015: **Primary Investigator:** SEP360-310: An Open-label, Flexibly-dosed, 26- Week Extension Safety Study of Dasotraline in Children and Adolescents with Attention Deficit Hyperactivity Disorder (ADHD)
- May 2015: **Primary Investigator:** SEP360-202: A 6 week, Randomized, Multicenter, Placebo-controlled, Parallel-group Efficacy and Safety Study of Dasotraline versus Placebo in Subjects 6 to 12 Years of Age with Attention Deficit Hyperactivity Disorder (ADHD)
- May 2015: **Primary Investigator:** BNX-401: A Prospective Study of Treatment Satisfaction With Bunavail (Buprenorphine and Naloxone) Buccal Film in Opioid-Dependent Subjects
- January 2015: **Primary Investigator:** DS5565-A-E312: An Open-label Extension Study of DS-5565 For 52 Weeks In Pain Associated with Fibromyalgia
- January 2015: **Primary Investigator:** DS5565-A-E310: A Randomized, Double-blind, Placebo-and Active- Controlled Study of DS-5565 In Subjects with Pain Associated with Fibromyalgia
- October 2014: **Primary Investigator:** SEP360-301: A Randomized, Multicenter, Placebo-controlled, Parallel-group, Efficacy and Safety Study of 2 Doses of Dasotraline in Adults with Attention Deficit Hyperactivity Disorder (ADHD)
- July 2014: **Primary Investigator:** 331-13-214: A Phase 3, Multicenter, Randomized, Double-blind, Placebo-controlled Trial of the Safety and Efficacy of Fixed-dose Brexpiprazole (OPC-34712) as Adjunctive Therapy in the Treatment of Adults with Major Depressive Disorder
- April 2014: **Primary Investigator:** SPD489-346: A Phase 3, Multicenter, Double-blind, Placebo-controlled, Randomized-withdrawal Study to Evaluate the Maintenance of Efficacy of SPD489 in Adults Aged 18-55 years with Moderate to Severe Binge Eating Disorder
- March 2014: **Primary Investigator:** ALCOBRA-AL012: A 6-week Randomized, Multicenter, Double-blind, Parallel, Fixed-dose Study of MG01CI (Metadoxine Immediate-release/Slow-release, Bilayer Caplet) 1400 mg Compared with Placebo in Adults with Attention Deficit/Hyperactivity Disorder (ADHD)
- February 2014: **Primary Investigator:** SEP-360-304: A Phase 3, 12-Month, Multicenter, Open-label, Flexibly-dosed, Safety Study of SEP 225289 in Adults with Attention Deficit Hyperactivity Disorder (ADHD)

- December 2013: **Primary Investigator:** 331-13-001: Phase 3b, Multicenter, Open-label Exploratory Trial to Evaluate the Efficacy, Safety, and Subject Satisfaction of Brexpiprazole as Adjunctive Therapy in the Treatment of Adults with Major Depressive Disorder and an Inadequate Response to Previous Adjunctive Therapy
- August 2013: **Primary Investigator:** SPD489-345: A Phase 3, Multicenter, Open-label, 12-month Extension Safety and Tolerability Study of SPD489 in the Treatment of Adults with Binge Eating Disorder.
- July 2013: **Primary Investigator:** SPD489-406: A Phase 4, Randomized, Double-blind, Multicenter, Parallel-group, Active-controlled, Forced-dose Titration, Safety and Efficacy Study of SPD489 (VYVANSE®) Compared with OROS-MPH (CONCERTA®) with a Placebo Reference Arm, in Adolescents Aged 13-17 Years with Attention-deficit/Hyperactivity Disorder (ADHD).
- June 2013: **Primary Investigator:** VLZ-MD-21: A Double-Blind, Placebo-Controlled Evaluation of the Safety and Efficacy of Vilazodone in Adolescent Patients With Major Depressive Disorder
- January 2013 **Primary Investigator:** SEP-225289: A Randomized, Double-blind, Parallel-group, Multicenter Efficacy and Safety Study of SEP-225289 versus Placebo in Adults with Attention Deficit Hyperactivity Disorder (ADHD).
- January 2013 **Primary Investigator:** SPD489-344: A Phase 3, Multicenter, Randomized, Double-blind, Parallel-group, Placebo-controlled, Dose-optimization Study to Evaluate the Efficacy, Safety, and Tolerability of SPD489 in Adults Aged 18-55 Years with Moderate to Severe Binge Eating Disorder”
- July 2012 **Primary Investigator:** SPD489-405 A Phase 4, Randomized, Double-Blind, Multicenter, Parallel Group, Active-Controlled, Dose-Optimization Safety and Efficacy Study of SPD489 (Vyvanse®) Compared with OROS-MPH (Concerta®) with a Placebo Reference Arm, in Adolescents Aged 13-17 Years with Attention-Deficit/Hyperactivity Disorder (ADHD)
- July 2012 **Primary Investigator (IST):** ADINT2012: A Double-Blind, Randomized, Placebo-Controlled, Single-Center, Dose Optimization Study Evaluating the Efficacy and Safety of guanfacine hydrochloride in Combination with Psychostimulants in Adults Aged 18-65 Years with a Diagnosis of Attention-Deficit/Hyperactivity Disorder (ADHD)
- May 2012 **Primary Investigator:** SPD503-210: A Phase 2, Randomized, Double-blind, Placebo-controlled, Multicenter Study to Assess the Safety and Tolerability of SPD503 in Subjects Aged 6-17 years with Generalized Anxiety Disorder (GAD), Separation Anxiety Disorder (SAD), or Social Phobia (SoP)
- April 2012 **Primary Investigator:** VLZ-MD-02: A Multicenter, Randomized, Double-Blind, Placebo-Controlled, Relapse Prevention Study with Vilazodone in Patients with Major Depressive Disorder

- September 2011: **Primary Investigator:** MLN-MD-29: A Multicenter, Open-Label, 52-Week Extension Study to Evaluate the Safety and Efficacy of Milnacipran in Pediatric Patients with Primary Fibromyalgia
- July 2011: **Primary Investigator:** Lu AA21004-314: A Phase 3, Long-Term, Open-Label, Flexible-Dose, Extension Study Evaluating the Safety and Tolerability of Lu AA21004 (15 and 20 mg) in Subjects with Major Depressive Disorder
- July 2011: **Primary Investigator:** 331-10-238: A Long-term, Phase 3, Multicenter, Open-label Trial to Evaluate the Safety and Tolerability of Oral OPC-34712 as Adjunctive Therapy in Adults with Major Depressive Disorder, the Orion Trial
- June 2011: **Primary Investigator:** SPD489-317: A Phase 3b, Double-blind, Randomised, Active-controlled, Parallel group Study to Compare the Time to Response of Lisdexamfetamine Dimesylate to Atomoxetine Hydrochloride in Children and Adolescents aged 6-17 years with Attention Deficit/Hyperactivity Disorder (ADHD) Who Have Had an Inadequate Response to Methylphenidate Therapy
- May 2011: **Primary Investigator:** Lu AA21004_315: A Phase 3, Randomized, Double-Blind, Parallel-Group, Placebo-Controlled, Duloxetine-Referenced, Fixed-Dose Study Comparing the Efficacy and Safety of 2 Doses (15 and 20 mg) of Lu AA21004 in Acute Treatment of Adults With Major Depressive Disorder
- May 2011: **Primary Investigator:** 331-10-227: A Phase 3, Multicenter, Randomized, Double-blind, Placebo-controlled Trial of the Safety and Efficacy of Two Fixed Doses of OPC-34712 as Adjunctive Therapy in the Treatment of Adults with Major Depressive Disorder, the Polaris Trial
- May 2011: **Primary Investigator:** SPD503-312: A Phase 3, Double-blind, Randomized, Multi-center, Placebo-controlled, Dose-optimization Study Evaluating the Safety, Efficacy, and Tolerability of Once-daily Dosing with Extended-release Guanfacine Hydrochloride in Adolescents Aged 13-17 years Diagnosed with Attention-deficit/Hyperactivity Disorder (ADHD)
- May 2011: **Primary Investigator:** MLN-MD-14: A Multicenter, Randomized, Double-Blind, Placebo Controlled Withdrawal Study to Evaluate the Safety, Tolerability, and Efficacy of Milnacipran in Pediatric Patients with Primary Fibromyalgia
- April 2011: **Primary Investigator:** A3051073-1013: A Twelve-Week, Randomized, Double-Blind, Placebo-Controlled, Parallel-Group, Dose-Ranging Study with Follow-Up Evaluating the Safety and Efficacy of Varenicline for Smoking Cessation in Healthy Adolescent Smokers
- March 2011: **Primary Investigator:** SPD503-316: A Phase 3, Randomized, Double-Blind, Multicentre, Parallel-Group, Placebo- and Active-Reference, Dose-Optimization Efficacy and Safety Study of Extended-release Guanfacine Hydrochloride in Children and Adolescents aged 6-17 years with Attention-Deficit/Hyperactivity Disorder
- February 2011: **Primary Investigator:** 331-08-212: A Phase 2, Multicenter, Open-label Study to Assess the Safety and Tolerability of Oral OPC-34712 as Adjunctive Therapy in Adult Patients with Major Depressive Disorder

- June 2010: **Primary Investigator:** CAGO178C2399 A 52-week, multi-center, open-label study of the safety and tolerability of agomelatine sublingual tablets in patients with Major Depressive Disorder (MDD)
- Oct 2010: **Primary Investigator:** Protocol A3331017: A Randomized Phase 2A, Double-Blind, Placebo-Controlled Study of the Efficacy and Safety of CP-601,927 Augmentation of Antidepressant Therapy in Major Depression
- Oct. 2010: **Primary Investigator:** CILO522DUS01: A 12-week, Randomized, Multi-center, Open-Label, iloperidone, (12-24mg/day), Flexible Dose Study Assessing Efficacy, Safety and Tolerability of Two Switch Approaches in Schizophrenia Patients Currently Receiving Risperidone, Olanzapine or Aripiprazole (i-FANS) (IND 36,827 - Phase IV study)
- May 2010: **Primary Investigator:** SPD503-314 A Phase 3, Double-blind, Randomized, Multicenter, Placebo-controlled, Dose Optimization Study Evaluating the Tolerability and Efficacy of AM and PM Once Daily Dosing with Extended-release Guanfacine Hydrochloride in Children Aged 6-12 with a Diagnosis of Attention-Deficit/Hyperactivity Disorder
- April 2010: **Primary Investigator:** F1J-MC-HMCK A Double-Blind, Efficacy and Safety Study of Duloxetine versus Placebo in the treatment of Children and Adolescents with Major Depressive Disorder
- February 2010: **Primary Investigator:** SPD489-403 A Phase 4, Randomized, Double-blind, Multi-Center, Placebo-controlled, Parallel Group Study Evaluating the Safety and Efficacy of SPD489 on Executive Function (Self-regulation) Behaviors in Adults with Attention Deficit/Hyperactivity Disorder (ADHD) Reporting Clinically Significant Impairment of Real-world Executive Function Behavior
- February 2010: **Primary Investigator:** Otsuka 331-08-213 A Phase 2, Multicenter, Randomized, Double blind, Placebo-controlled Study of the Safety and Efficacy of OPC-34712 as Adjunctive Therapy in the Treatment of Adult Attention-deficit/Hyperactivity Disorder
- September 2009: **Primary Investigator:** HP9-MC-LNDH Long-Term, Open-Label, Safety Study of LY2216684 in Pediatric Patients with Attention Deficit/Hyperactivity Disorder.
- September 2009: **Primary Investigator:** RCBM11: Use of Lisdexamfetamine Dimesylate in the Treatment of Cognitive Impairment (Chronic Fatigue Syndrome): A Double-Blind, Placebo-Controlled Study.
- June 2009: **Primary Investigator:** CONCERTA-ATT-3014: A Placebo-Controlled, Double-blind, Parallel-Group, Individualized Dosing Study Optimizing Treatment of Adults with Attention Deficit Hyperactivity Disorder to an Effective Response with Oros Methylphenidate.
- June 2009: **Primary Investigator:** HP9-MC-LNBF: A Fixed-Dose, Randomized, Double-Blind, Placebo-Controlled Study of LY2216684 in Children and Adolescents with Attention Deficit/Hyperactivity Disorder

- May 2009: **Primary Investigator:** 31001074 ATT 2001: A Randomized, Double-Blind, Placebo-and Active-Controlled, Parallel-Group, Multicenter Study 3 Dosages of JNJ-31001074 in the Treatment of Adult Subjects w/Attention-Deficit/Hyperactivity Disorder.
- March 2009: **Primary Investigator:** SPD489-401 A Phase 4, Double-blind, Multi-center, Placebo-controlled, Randomized Withdrawal, Safety and Efficacy Study of SPD489 in Adults Aged 18-55 with Attention-Deficit/Hyperactivity Disorder (ADHD)
- August 2008: **Sub-Investigator:** SPD503-313-A Phase III, Double-Blind, Randomized, Placebo-Controlled, Multi-Center, Dose Optimization Study Evaluating the Efficacy and Safety of SPD503 in Combination with Psychostimulants in Children & Adolescents Aged 6-17 Years with a Diagnosis of Attention-Deficit/Hyperactivity Disorder
- January 2008: **Primary Investigator:** CAGO178A2305-An 8-Week, Multi-Center, Randomized, Double-Blind, Placebo and Paroxetine-Controlled Study of the Efficacy, Safety, and Tolerability of Agomelatine 25mg and 50mg given once daily in the treatment of Major Depressive Disorder (MDD) followed by a 28-week Open-Label, Treatment with Agomelatine 25mg or 50 mg.
- 2007: **Sub-Investigator:** SPD485-409 – A Phase IIIB Randomized, Double-Blind, Multi-Center, Parallel-Group, Placebo-Controlled, Dose Optimization Study, Designed to Evaluate the Efficacy and Safety of Methylphenidate Transdermal System (MTS) in Adolescents Aged 13-17 Years with Attention Deficit/Hyperactivity Disorder (ADHD).
- 2007: **Sub-Investigator:** SPD485-410 – A Phase IIIB Long-Term, Open-Label, Multi-Center, Extension Study Designed to Evaluate the Safety and Efficacy of Methylphenidate Transdermal System (MTS) in Adolescents Aged 13-17 Years with Attention Deficit/Hyperactivity Disorder (ADHD).
- 2007: **Primary Investigator:** CAGO178A2301-An 8-Week, Randomized, Double-Blind, Fixed-Dosage, Placebo-Controlled, Parallel-Group, Multi-Center study of the Efficacy, Safety and Tolerability of Agomelatine 25mg and 50 mg in the Treatment of Major Depressive Disorder (MDD) Followed by a 52-week, Open-Label Extension.
- 2007: **Primary Investigator:** CENA713D US38 A Prospective, 5-Week, Open-Label, Randomized, Multi-Center, Parallel-Group Study with a 20-week, Open-Label Extension Evaluating the Tolerability and Safety of Switching from Donepezil to an initial dose of 5cm2 Rivastigmine Patch Formulation in Patients with Probable Alzheimer's Disease.
- 2006: **Primary Investigator:** CENA713BUS32 – A Prospective, 26-Week, Open-Label, Multi-Center, Single-Arm Pilot Study to Evaluate the Safety and Tolerability of Exelon Capsule with Add on Memantine HCI in Patients with Probable Alzheimer's Disease.

- 2006: **Primary Investigator:** Amethyst Study D1448C00005 – A Multi-Center, Double-Blind, Randomized-Withdrawal, Parallel-Group, Placebo-Controlled Phase II Study of the Efficacy and Safety of Quetiapine Fumarate Sustained Released (Seroquel SR) as Monotherapy in the Maintenance Treatment of Patients with Major Depressive Disorder Following an Open-Label Stabilization Period.
- 2005: **Sub-Investigator:** 31-03-240 – A Multi-Center, Randomized, Double-Blind, Placebo-Controlled Study of Two Fixed Oral Doses of Aripiprazole (10mg or 30mg) in the Treatment of Child and Adolescent Patients, Ages 10-17 Years, with Bipolar I Disorder, Manic or Mixed Episode with or without Psychotic Features.
- 2005: **Sub-Investigator:** 31-03-241 – A Multi-Center, Open-Label, Safety and Tolerability Study of Flexible-Dose Oral Aripiprazole (2mg-30mg) in the Treatment of Adolescent Patients with Schizophrenia, and Child and Adolescent Patients with Bipolar I Disorder, Manic or Mixed Episode.
- 2005: **Sub-Investigator:** SPD465-303 – A Phase III, Randomized, Double-Blind, Multi-Center, Placebo-Controlled, Parallel-Group, Forced-Dose Titration Safety and Efficacy Study of SPD465 in Adults with Attention-Deficit/Hyperactivity Disorder (AD/HD).
- 2005: **Sub-Investigator:** SPD465-304 – A Phase III, Multi-Center, 12-Month, Open-Label Safety Study of SPD465 in Adults with Attention-Deficit/Hyperactivity Disorder (AD/HD).
- 2005: **Sub-Investigator:** B4Z-US-LYDQ – A Double-Blind, Placebo-Controlled Study of Atomoxetine Hydrochloride in the Treatment of Adults with AD/HD and Comorbid Social Anxiety Disorder.
- 2005: **Primary Investigator:** SP851 – A Multi-Center, Randomized, Open-Label, Parallel Design Trial to Compare Time to Response in the Symptoms of Anxiety to Concomitant Treatment with Niravam and an SSRI or SNRI to Treatment with an SSRI or SNRI Alone in Subjects with Generalized Anxiety Disorder or Panic Disorder.
- 2004: **Sub-Investigator:** LYCD – Maintenance of Benefit after 8-Week and 52-Week Treatment with Atomoxetine Hydrochloride in Adolescents with Attention-Deficit/Hyperactivity Disorder.
- 2004: **Primary Investigator:** LEAPS – Lilly’s Emotional and Physical Symptoms of Depression Study: To Assess the Effectiveness of Duloxetine 60mg Once Daily (QD) in Diverse Populations of Outpatients with MDD in Practice-Based Clinical Settings.
- 2004: **Primary Investigator:** LYCW – A Randomized, Double-Blind Comparison of Placebo and Atomoxetine Hydrochloride Given Once a Day in Adults with Attention-Deficit/Hyperactivity Disorder: With a Secondary Examination of Impact of Treatment on Family Functioning.

- 2003: **Primary Investigator:** SCA 40917 – Optimizing Administration of Lamictal: An Open-Label Study of Tolerability, Clinical Response and Satisfaction in Adult Bipolar I Subjects, Optimizing Initiation of Therapy Using Administration of Dermatological Precautions and Lamictal Titration Packs.
- 2003: **Primary Investigator:** SLI 381-312 – A Phase IIIB, Open-Label, Multi-Center Study to Assess Safety, Tolerability and Effectiveness Associated with the Use of Adderall XR in Adults with AD/HD and Evaluate an AD/HD-Specific Novel Quality of Life Measure.
- 2003: **Co-Investigator:** ISS-2003-021 CAFTRED – The Effect of Concerta on Adults with Treatment Resistant Depression (TRD) and AD/HD: A Double-Blind, Placebo-Controlled Study.
- 2002: **Primary Investigator:** CD00500 – Metadate CD Extended-Release Capsules in the Management of AD/HD: A Multi-Center, Open Label, Post-Marketing Clinical Experience Study.
- 2002: **Primary Investigator:** An Open-Label Community Assessment Trial of Adderall XR in Pediatric AD/HD.
- 2002: **Primary Investigator:** Protocol B4Z-MC-LYAX – A Randomized, Double-Blind, Placebo-Controlled Study of Atomoxetine Hydrochloride in Adolescents with Attention-Deficit/Hyperactivity Disorder and Comorbid Depressive Disorder.
- 2002: **Primary Investigator:** A Randomized, Double-Blind, Placebo-Controlled, Parallel-Group, Safety and Efficacy Study of SPD 420 in Adults with Attention-Deficit/Hyperactivity Disorder (AD/HD).
- 2001 – 2002: **Primary Investigator:** An Open-Label, Multi-Center Study to Assess Tolerability, Effectiveness and Quality of Life Associated with the Use of SLI 381 (Adderall XR) in Children with Attention-Deficit/Hyperactivity Disorder in a Community Practice Setting.
- 2001: **Primary Investigator:** Metadate CD Extended-Release Capsules (CII) in the Management of Attention-Deficit/Hyperactivity Disorder: A Multi-Center, Open-Label, Post-Marketing Clinical Experience Study.
- 1998 – 2000: Study of Safety of Long-Acting Methylphenidate on Diverse Attention-Deficit/Hyperactivity Disorder Population.
- 1993: Anti-Convulsant Properties of ECT and Clinical Response.
Young, J; Tandon, R; Greden, J; Abstract, American Psychiatric Association, May, 1993.
- 1989 – 1991: **Co-Investigator:** Study of the Efficacy of Intraduodenal Infusion of Liquefied L-DOPA in Advanced Parkinson's Disease. LeWitt, P.

Professional Affiliations

- The American Professional Society of ADHD and Related Disorders
- American Medical Association
- American Psychiatric Association
- Michigan Psychiatric Society
- Michigan State Medical Society
- American Society of Clinical Psychopharmacology
- Association of Clinical Research Professionals
- American Academy of Psychiatry and the Law
- United Physicians Group

Committees

May 2023 - Present:	Scientific Reviewer, Myalgic Encephalomyelitis/Chronic Fatigue Syndrome Panel for Department of Defense's Congressionally Directed Medical Research Programs
October, 2021:	Chair, Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (CT-ME/CFS) Peer Review Panel, Peer Reviewed Medical Research Program (PRMRP) for the Department of Defense (DOD) Congressionally Directed Medical Research Programs (CDMRP)
2006 – 2009:	Member, University of Michigan's Health Systems Physician Advisory Council on Communication and Services, Ann Arbor, MI.
2000 – 2002:	Member, Crittenton Hospital Executive Committee, Rochester, MI.
2000 – 2002:	Chief of Staff, Department of Psychiatry, Crittenton Hospital.
1998 – 2002:	Member, Hospital Credential Committee, Crittenton Hospital.
1997:	The State of Michigan, Quality Review Board on Psychostimulant Usage.
1996 – 2002:	Member, Medical Quality Assurance Committee, Crittenton Hospital.
Nov., 1996 – 2000:	Secretary, Department of Psychiatry, Crittenton Hospital.
Summer, 1996:	Member, Department of Psychiatry - Medical Director, Search Committee, Crittenton Hospital.
1994 – 2002:	Member, Department of Psychiatry - Educational Committee, Crittenton Hospital.
1990 – 1993:	House Officers Association Representative to the Ann Arbor Veterans Hospital / University of Michigan Medical School Dean's Committee.
1991 – 1993:	House Officers Association Representative to the Ann Arbor Veterans Residency Review Committee.
June, 1991 – June, 1993:	Class Representative to the Department of Psychiatry, Residency Review Committee, University of Michigan.

Honors and Awards (Education and Residency)

- 1998 Recognition of Participation as an Active Teacher in Family Practice, *American Academy of Family Physicians*
- August, 1994: Accreditation in Electroconvulsive Therapy, University of Health Sciences, Chicago, IL.
- November, 1992: Recipient of National Tuition Scholarship to the United States Psychiatric Congress, Chicago, IL.
- 1990, 1991 and 1992: Promoted in Residency with Distinction for “Superior Performance” by the Resident Oversight Committee.
- November, 1991: Recipient of University Hospital Competition for the Total Quality Award.
- 1979 – 1982: Class Honors, University of Michigan.

Honors and Awards (Professional)

- September, 2008 Recognized in *Hour Detroit Magazine* as one of the area’s “Top Docs” in Psychiatry
- October 5, 2002: 3rd Annual Michael Golds Memorial Conference: Awarded for Outstanding Achievements in the Treatment of AD/HD, Farmington Hills, MI.

Publications/ Publication Contributions

- November, 2023 Development and validation of the ADHD Symptom and Side Effect Tracking – Baseline Scale (ASSET-BS): a novel short screening measure for ADHD in clinical populations, With Richard N. Powell, Celeste Zabel, Jaime Saal, Lisa L. M. Welling, Jillian Fortain, Ashley Ceresnie *BMC Psychiatry*
- February, 2023 Adults Living Well with ADHD: At Home, At Work, and With Friends Vol. 9, brochure
- May, 2022 Clinical Response and symptomatic remission in short- and long-term trials of lisdexamfetamine dimesylate in adults with attention-deficit/hyperactivity disorder, With Greg W. Mattingly, Richard H Weisler, Ben Adeyi, Bryan Dirks, Thomas Babcock, Robert Lasser, Brian Scheckner, and David W Goodman
- May, 2022 Adults Living Well with ADHD: At Home, At Work, and With Friends, brochure
- August, 2021 A Randomized, Double-Blind, Placebo-Controlled Trial to Evaluate the Efficacy and Safety of AR19, a Manipulation-Resistant Formulation of Amphetamine Sulfate, in Adults With Attention-Deficit/Hyperactivity Disorder With Stephen V. Faraone, PhD; Ann Childress, MD; Steve Caras, MD, PhD; Valerie K. Arnold, MD; C. Brendan Montano, MD; Elias H. Sarkis, MD; Andrew J. Culter, MD *The Journal of Clinical Psychiatry*

January, 2021

A Clinician's guide for navigating the world of attention deficit hyperactivity disorder medications, With Gregory W Mattingly

December, 2020

Conquering Your Fibromyalgia, Introduction, With M. Lenz, MD.

August, 2020

Understanding and Treating Chronic Fatigue: A Practical Guide for Patients, Families, and Practitioners, ABC Clio's Praeger Press.

- July, 2016 Atomoxetine Increased Effect over Time in Adults with Attention-Deficit/Hyperactivity Disorder Treated for up to 6 Months: Pooled Analysis of Two Double-Blind, Placebo-Controlled, Randomized Trials. With Wietecha et al. *CNS Neuroscience and Therapeutics*.
- February, 2016 Supplementary guanfacine hydrochloride as a treatment of attention deficit hyperactivity disorder in adults: A double blind, placebo-controlled study. With M Butterfield and J Saal. *Psychiatry Research*.
- November, 2016 Adult Attention-Deficit/Hyperactivity Disorder Diagnosis, Management, and Treatment in the DSM-5 Era. With D Goodman, MD. *Primary Care Companion*.
- November, 2015 A Randomized, Placebo-Controlled Trial of Guanfacine Extended Release in Adolescents With Attention-Deficit/Hyperactivity Disorder,” J. Am. Acad. Child Adolesc. Psychiatry
- 2014 “Efficacy of Guanfacine Extended Release Assessed During the Morning, Afternoon, and Evening Using a Modified Conners’ Parent Rating Scale-Revised: Short Form,” Journal of Child and Adolescent Psychopharmacology, Vol. 24, No. 8, 2014.
- July, 2014 Recognizing and treating attention-deficit/hyperactivity disorder in college Students. With Frances Prevatt. *Journal of College Student Psychotherapy*.
- December, 2013 When Your Adult Child Breaks Your Heart: Coping with Mental Illness, Substance Abuse, and the Problems that Tear Families Apart, Globe Pequot Lyons Press.
- January, 2013 Clinical response and symptomatic remission in short- and long-term trials of lisdexamfetamine dimesylate in adults with attention-deficit/hyperactivity disorder. With Mattingly GW, Weisler RH, Young J, Adeyi B, Dirks B, Babcock T, Lasser R, Scheckner B, Goodman DW. *BMC Psychiatry*
- January, 2013 Chronic fatigue syndrome: 3 cases and a discussion of the natural history of attention-deficit/hyperactivity disorder. *Postgraduate Medicine*.
- October, 2012 “Use of lisdexamfetamine dimesylate in treatment of executive functioning deficits and chronic fatigue syndrome: A double blind, placebo-controlled study.” *Psychiatry Research*.
- September, 2012 Discontinuity in the Transition from Pediatric to Adult Health Care for Patients with Attention-Deficit/Hyperactivity Disorder. With B Montano. *Postgraduate Medicine*.
- September, 2012 "Delusional Parasitosis in a Female Treated with Mixed Amphetamine Salts: A Case Report and Literature Review" With M Buscarino and J Saal. *Case Reports in Psychiatry*.
- June, 2012 “Atomoxetine Once Daily for 24 Weeks in Adults With Attention-Deficit/Hyperactivity Disorder (ADHD): Impact of Treatment on Family Functioning” *Clinical Neuropharmacology*
- September, 2011 “Siblings of adolescents with ADHD who themselves have ADHD are more likely to have psychiatric comorbidities than are unaffected siblings or controls without ADHD.” *Evidence-Based Mental Health*.

Publications/ Publication Contributions – (Cont'd)

- March, 2011 “Once-daily treatment with atomoxetine in adults with attention-deficit/hyperactivity disorder: a 24-week, randomized, double-blind, placebo-controlled trial.” *Clinical Neuropharmacology*.
- 2011 “Clinical Consultations: Reassessing Patients with ADHD,” Volume 1, Edition 1, Clinical Handout.
- December, 2010 “Individualizing Treatment for ADHD: An Evidence-Based Guideline,” *Medscape Education Psychiatry and Mental Health*. Available at: <http://www.medscape.org/viewarticle/734449>
- November, 2010 “ADHD in Adults with Medical or Psychiatric Comorbidities” *Medscape CME Psychiatry and Mental Health*. Available at: <http://cme.medscape.com/viewarticle/731850>.
- August, 2010 “Advances in Adult AD/HD Research” *Medscape CME Psychiatry and Mental Health*. With A Rostain, R White, C Surman, and J Covino. Available at: <http://cme.medscape.com/viewprogram/31435>.
- April, 2010 “ADHD and Crime: Considering the Connections” *Medscape CME Psychiatry and Mental Health*. Available at: <http://cme.medscape.com/viewarticle/719862>
- January, 2010 “Panel Discussion: New Therapeutic Options for Childhood Attention-Deficit/Hyperactivity Disorder,” *The Journal of Medicine*.
- January, 2010 “Panel Discussion: Strategies for Managing Disruptive Behavioral Disorders in Children and Adolescents,” *The Journal of Medicine*.
- January, 2010 “Panel Discussion: Educating Patients with Attention Deficit/Hyperactivity Disorder,” *The Journal of Medicine*.
- January, 2010 “Panel Discussion: Appropriate Diagnosis of Attention Deficit/Hyperactivity Disorder,” *The Journal of Medicine*.
- January, 2010 “Panel Discussion: The Natural History and Diagnostic Evaluation of Attention Deficit/Hyperactivity Disorder,” *The Journal of Medicine*.
- January, 2010 “Panel Discussion: Treatment Options for Complex Pediatric Attention Deficit Hyperactivity Disorder Cases,” *The Journal of Medicine*.
- December, 2009 “Why Now? Factors that Delay ADHD Diagnosis in Adults” *Medscape CME Psychiatry and Mental Health*. Available at: <http://cme.medscape.com/viewarticle/713528>
- November, 2009 “Women with ADHD: Unique Presentations and Treatment Approaches,” *Medscape CME Psychiatry and Mental Health*. Available at: <http://cme.medscape.com/viewarticle/711520>

Publications/ Publication Contributions – (Cont'd)

- October, 2009 “Long-term safety and effectiveness of lisdexamfetamine dimesylate in adults with attention-deficit/hyperactivity disorder,” with Weisler, R; Mattingly, G; Gao, J; Squires, L; Adler, L. In *CNS Spectrums*.
- September, 2009 [Contemporary Guide to Adult ADHD](#), Handbooks in Healthcare
- September, 2009 “ADHD in Adults with Medical Comorbidities,” Medscape CME Psychiatry and Mental Health. Available at: <http://cme.medscape.com/viewarticle/708287>.
- June, 2009 “ADHD and Psychiatric Comorbidities: Treatment Approaches to Improve Outcomes,” Medscape CME Psychiatry and Mental Health. Available at: <http://cme.medscape.com/viewarticle/704639>.
- May, 2009 Contribution to “Combat Duty Harms Long-Term Health of Vets,” Serena Gordon, Health Day: <http://www.healthday.com/Article.asp?AID=626429>
- November, 2008 “Advances in AD/HD Management: Maximizing Effects While Minimizing Side Effects of Treatment,” Medscape CME. Available at: <http://cme.medscape.com/viewprogram/17687>.
- October, 2008 “Clinical Update on Adult AD/HD,” in *Family Therapy Magazine*.
- September, 2008 “Double-blind, placebo-controlled study of the efficacy and safety of lisdexamfetamine dimesylate in adults with attention deficit/hyperactivity disorder.” With Adler, L.A.; Goodman, D.W.; Kollins, S.H.; Weisler, R.H.; Krishnan, S; Zhang, Y; Biederman, J, in the *Journal of Clinical Psychiatry*.
- September, 2008 “*New Medical School Brings Mental Health Outreach Opportunities*” in *Mental Illness Research Association (MIRA) Newsletter*
- August, 2008 “Common Comorbidities Seen in Adolescents with Attention Deficit/Hyperactivity Disorder,” in *ADHD/Learning Disorders*. Editors: Arthur Robin, PhD; Howard Schubiner, MD; William L. Coleman, M.D.
- 2007 A Postmarketing Clinical Experience Study of Metadate CD, Medscape URL: <http://doctor.medscape.com/viewarticle/446549>
With co-investigators
- July, 2008 ABSTRACT: “Long-Term Efficacy and Safety of Lisdexamfetamine Dimesylate in Adults with Attention-Deficit/Hyperactivity Disorder,” with Richard Weisler, MD; Greg Mattingly, MD; Joseph Gao; Liza Squires, MD; and Lenard Adler, MD 16, 2008
- June 17, 2008 Contribution to “Weighing Nondrug Options for AD/HD,” in *The New York Times*, Article by Tina Parker-Pope
- June 16, 2008 Contribution to “Making Mistakes: Admitting them and Learning from them,” in *The Macomb Daily*, article by Stephen Bitsoli.
- February, 2008 Contribution to “Advances in ADHD Management: Improving Outcomes in Adult ADHD,” Medscape CME. Available at: <http://cme.medscape.com/viewprogram/8787>.

Publications/ Publication Contributions – (Cont'd)

- February, 2008 “Optimizing Patient Outcomes in Adult AD/HD: Current and Emerging Therapies, in *Advances in Psychiatric Medicine*, supplement to *Psychiatric Times*
- January, 2008 “Adolescent Suicide” in the *Michigan Psychiatric Society Newsletter*, with Birgit Amann, M.D.
- November, 2007 “Fibromyalgia, Chronic Fatigue, and Adult Attention Deficit Hyperactivity Disorder in the Adult: A Case Study,” *Psychopharmacology Bulletin, Volume 40: Number 1*, with Judy Redmond, M.A.
- June, 2007 “ADHD and Fibromyalgia: Related Conditions?,” in *Fibromyalgia: The Complete Guide From Medical Experts and Patients*, published by Jones and Bartlett, Inc.
- May, 2007 “Rochester doctor aims to demystify what’s really behind adult AD/HD,” *The Oakland Press- “Good Health” section* (Joel L. Young, M.D. (interviewed by Jane Peterson, columnist for the Oakland Press)
- May, 2007 “ADHD Summer Survival Tips”, in *WebMD the Magazine*, with Denise Mann
- May, 2007 “Straight Talk About AD/HD: A 5-Part Video Series,” Eli Lilly and Company.
- January, 2007: *ADHD Grown Up: A Guide to Adolescent and Adult ADHD*, published by W.W. Norton & Company, Inc.
- October, 2006 “Treatment of AD/HD and Comorbid Disorders,” in *CNS Spectr.*
- August, 2006 Contribution to “Ten Common Behavioral Problems in Children” in *Metro Parent Magazine*, with Alice Rhein.
- June, 2006 Contribution to “The Use of Psychiatric Medications in Children and Teens” in *Metro Parent Magazine*, with Kim Kovellev.
- March, 2006: “Focusing on AD/HD” – Web Site: *HealthNewsDigest.com*. (Joel L. Young, M.D. interviewed by Lee Degenstein, columnist for *HealthNewsDigest.com*).
- May, 2005: “A Closer Look at Substance Use Disorders in Individuals with AD/HD,” A CME Monograph Sponsored by the University of Michigan Medical School. Wilens, Riba, Young, et. al. Prepared by the JB Ashtin Group, Inc.
- April, 2005: “AD/HD Affects All”, *The Oakland Press – “My Body My Health” – A Monthly Special Section*.
- February, 2005: “An unnecessary scare”, *Michigan Psychiatric Society Newsletter*, pp. 11-12.
- December, 2004: “AD/HD & Depression: Learning from Case Studies”, *Attention Magazine*, pp. 20-25.
- November 7, 2004: “State should put Strattera back on preferred drug list”, (Co-author: Birgit Amann, M.D.), *The Oakland Press*.

- 2004: Videotape by Eli Lilly and Co.: “Solutions for Wellness: A Behavioral Approach to Weight Management During Antipsychotic Treatment”, (Featured Physicians: Joel L. Young, M.D., and Birgit Amann, M.D.).
- Fall, 2004: DVD by Eli Lilly and Co.: “An Introduction to the Solutions for Wellness: Personalized Program”, (Featured Physician: Joel L. Young, M.D.).
- Fall, 2004: “AD/HD: A Brief Overview”, MIRA Reporter (Mental Health Research Association), v.11, #3.
- Fall, 2004: “The Politics of AD/HD: An Interview with Joel Young, M.D. – Second in a Series”, FOCUS Newsletter (Attention Deficit Disorder Association).
- Summer, 2004: “Diagnosis for the Entrepreneur: An Interview with Joel Young, M.D. - First in a Series”, FOCUS Newsletter (The Attention Deficit Disorder Association).
- July 23, 2004: Co-Faculty Editor: “A Closer Look at Substance Use Disorder in Individuals with AD/HD”, a CME Monograph sponsored by The University of Michigan Medical School and supported by Shire US Inc.
- December, 2003: “Just What is Coaching” (with David Giwerc), Attention Magazine, pp. 36-45.
- October, 2003: “Attention-Deficit/Hyperactivity Disorder in Adolescent Males” (Schubiner H., Robin A. L., Young, J.), Adolescent Medicine, 14(3):663-76, vii-viii.
- May 23, 2003: “Foster Parents Underfunded”, Detroit Free Press.
- February, 2003: “Nonstimulant Treatment Options for AD/HD”, Teaching Chapter, AD/HD: New AD/HD Treatment Options for Optimizing Outcomes, Editor-in-Chief: Joseph Biederman, M.D., #4, pp. 29-36.
- 2002: “Depression and Anxiety in Women with AD/HD”, Textbook Chapter, Gender Issues and AD/HD, Editors: P. Quinn and K. Nadeau, pp. 270-288.
- May/June, 2002: “AD/HD in Adults: Contemporary Approaches”, Behavioral Health Management, Editorial Director: Richard L. Peck, v.22, #3, pp. 21-28.
- Jan./Feb., 2001: “AD/HD: The Parents’ Struggle”, ADDvance Magazine, v.4, #3, pp. 28-29.
- August 5, 2000: “One-a-Day Dose Now an Option for ADD”, Interviewed/Quoted, The Detroit News & Free Press.
- April 23, 2000: “Physician Defends Use of Ritalin”, The Daily Tribune.
- April 6, 2000: “Treatment Key for Kids’ Mental Health” (co-author: Birgit Amann, M.D.), Detroit Free Press.
- 2000: “Don’t Neglect Students’ Mental Health,” Detroit Free Press.
- 2000: Videotape: “Me, My AD/HD Coach and Me” (produced by David Giwerc).

Publications/ Publication Contributions – (Cont'd)

- 1999: “Less Sociology, More Psychiatry in Youth Violence Debate”, [Detroit Free Press](#).
- August 29, 1999: “Don’t Neglect Students’ Mental Health”, [Detroit Free Press](#).
- April 4, 1999: “Special Doctor, Special Lessons”, [Detroit Free Press](#).
- November 2, 1998: “Human Brain Yields its Secrets”, [Detroit Free Press](#).
- November 2, 1993: “Attention Disorder Can Afflict Adults” (with Steven Spector, Ph.D.), [Detroit Free Press](#).

Peer Review Activities

- 2011 to present: Peer reviewer for The International Journal of Neuropsychopharmacology
- 2010 to present: Peer reviewer for the Journal of Child and Adolescent Psychopharmacology
- 2010 to present: Peer reviewer for Evidence Based Mental Health

Poster Presentations

- January, 2024 Young, J., Powell, R., A., Welling, L. M., Saal, J., & Nash, M. (2024, January 17 – 21). Sensitivity to comprehensive treatment: An evaluation of improvement in ADHD symptom severity as an indicator of improvement in depressive and anxious symptom severity. [Conference poster presentation]. American Professional Society of ADHD and Related Disorders. 2024 Conference
- January, 2024 Young, J., Saal, J., Powell, R., Powell, A., Welling, L. M., & Nash, M. (2024, January 17 – 21). ADHD Treatment Response following Assessment-Aided Diagnosis in Patients with Prior History of Psychiatric Treatment. [Conference poster presentation]. American Professional Society of ADHD and Related Disorders. 2024 Conference.
- October, 2023 Mattingly, G., Young, J., Earnest, J., Koch, J., Qin, P., Rubin, J., Efficacy of Viloxazine ER (Qelbree) for ADHD in Adults Based on Prior Stimulant Exposure
- January, 2022 Young, J., Powell, R., Young, B., Welling, L., & Zabel, C., (2022, January 14-16). Adult ADHD and Restless Leg Syndrome (RLS): Examining the Correlation between ADHD Symptom Severity and Presence of RLS [Conference poster presentation]. *American Professional Society of ADHD and Related Disorders*. 2022 Virtual Conference.
- January, 2017 Young, JL, Butterfield M, Ceresnie A, Saal J, Young, B (2017, January 14-16). Collateral Reporter to use Relationship Strength and Patient Age to Gauge Mental Health Risk [Conference poster presentation]. American Professional Society of ADHD and Related Disorders. 2017 Conference.
- May, 2012 Use of lisdexamfetamine dimesylate in treatment of cognitive impairment and fatigue (Chronic Fatigue Syndrome): A double-blind, placebo-controlled study. Poster presentation at 2012 American Psychiatric Association Conference, May 7, 2012. Poster #34399 .
- May, 2012 “ADHD is a notable characteristic of patients suffering from chronic lyme disease: a survey of adults at the Michigan Lyme Disease Association Conference.” Poster presentation at 2012 American Psychiatric Association Conference, May 8, 2012. Poster # 34406.

November, 2011

Use of lisdexamfetamine dimesylate in treatment of cognitive impairment and fatigue (Chronic Fatigue Syndrome): A double-blind, placebo-controlled study.
Poster presentation at 2011 U.S. Psych and Mental Health Congress, November 8, 2011. Poster # 110.

Poster Presentations Cont'd

November, 2011 “ADHD is a notable characteristic of patients suffering from chronic lyme disease: a survey of adults at the Michigan Lyme Disease Association Conference.” Poster presentation at 2011 U.S. Psych and Mental Health Congress, November 8, 2011. Poster # 111.

Lectures and Presentations – Partial List

Over the past decade, Dr. Young has delivered more than 200 lectures on the evaluation and management of psychiatric and neurological disorders, including: Attention Deficit/Hyperactivity Disorder through the lifespan, Mood Disorders, Anxiety Disorders, Chronic Fatigue Syndrome, Fibromyalgia, Psychotic Disorders, Learning Disorders, Sleep Disorder, Restless Legs Syndrome, Parkinson’s Disease, and topics related to the practice of Forensic and Geriatric Psychiatry. Below is a sample of some of Dr. Young’s notable lectures and presentations.

June, 2022 New drugs and treatments in development Joel Young, MD; David W Goodman, MD; Greg Mattingly, MD at Psychiatric Congress, Chicago, Illinois

May, 2022 Recent Updates in ADHD: Optimizing Outcomes in a Digital World at Psychiatric Update, Atlanta, Georgia

November, 2021 “REXULTI (brexpiprazole) + Antidepressants: Better Together for Patients with MDD Who Have a Partial Response to Antidepressants Alone (Condensed Presentation)”, Otsuka, Virtual

October, 2021 Co-present a symposium titled: “Tackling Barriers to Optimal Adult ADHD Management: Stigma, Co-Morbid Disorders, and Stimulant Misuse and Diversion.” at Psych Conference, Takeda, San Antonio, TX

October, 2021 Stimulant Treatment Innovations in Child and Adolescent ADHD: New Solutions to an Old Problem at Psych Conference, Noven, San Antonio, TX

October, 2021 2021 ADHD Clinician Update Program, Ironshore, Virtual

February, 2021 Diagnosing ADHD in Adults and Discussing Treatment Options (4 sessions), Takeda, Virtual

February, 2014 “Adolescent and Adult ADHD: An Update on Impact, Diagnosis and Treatment,” 42nd Annual Psychopharmacology Seminar, Las Vegas, NV.

November, 2013 “Adolescents and Adults with ADHD: How Effectively are we Treating this Population?” Symposium for Primary Care Medicine, Novi, MI.

September, 2013 Elvanse Symposium, Frankfurt, Germany. Shire Pharmaceuticals

February, 2013 “AD/HD and Personality Disorders,” CHADD Oakland County Chapter Meeting.

May, 2012 Panelist at Shire’s Satellite Symposium at the 2nd Eunethydis International ADHD Conference, Barcelona, Spain.

September, 2011 “AD/HD: Impact on Life Outcome and Personality Development,” Michael Golds Conference, Farmington Hills, MI.

Lectures and Presentations – Partial List (Cont'd)

- March, 2010 “Grand Rounds: Treating Adult AD/HD.” Princeton Health System, Princeton, NJ.
- February, 2010 “Adolescents and Adults with AD/HD: How Effectively are we Treating This Population?” Nevada Psychopharmacology Conference, Las Vegas, Nevada.
- January, 2010 “Impact of Patient Selection and Efficacy Evaluation in the Management of ADHD,” Online Program.
- November, 2009 Facilitator: “New Treatment Option for Child and Adolescent AD/HD,” Princeton, NJ.
- October, 2009 “Challenges of AD/HD Through the Life Cycle,” Medical Crossfire, Newark, NJ.
- May 18, 2009 Poster Presentation: “Response and Symptomatic Remission in a Long-Term Trial of Lisdexamfetamine Dimesylate in Adults With Attention-Deficit/Hyperactivity Disorder.” Poster NR2-054. American Psychiatric Association Conference, San Francisco, CA.
- April, 2009 “AD/HD in Adults: Clinical Implications and Fundamentals of Treatment,” *William Beaumont Hospital’s Practical Update in Primary Care Medicine Conference, 2009*, MSU Management Education Center, Troy, MI.
- February, 2009 “Adolescents and Adults with AD/HD: How Effectively are we Treating this Population?” 14th Annual Psychopharmacology Conference, Las Vegas, NV.
- October, 2008 “Atypical Antipsychotic Treatment Overview,” Pontiac Osteopathic Hospital, Pontiac, MI
- May, 2008 “Adult AD/HD: How well do we Recognize and Manage the Condition?” Psychiatric Congress, Washington D.C.
- April, 2008 “Fibromyalgia and AD/HD,” CHADD of Michigan.
- October, 2007 “Adult AD/HD: Treatments, Symptoms, and Co-morbid Conditions,” Michael Golds Conference: Oakland Community College, Farmington Hills, MI.
- October, 2007 “Adult AD/HD,” Mental Health Day, Crittenton Hospital, Rochester Hills, MI.
- June, 2007 “Forensic Implications of AD/HD,” Center for Forensic Psychiatry, Ann Arbor, MI.
- November, 2006 Panel Participant on AD/HD: “Friends of Different Learners,” Covington Middle School, Bloomfield Hills, MI.
- November, 2006 “The Evolving Face of AD/HD: From Adolescence to Adulthood,” AD/HD Visiting Faculty Series, Milwaukee, WI.
- October, 2006 “AD/HD: Is There a Link to Fibromyalgia, Chronic Fatigue Syndrome, and Other Pain Issues?” Michael Golds Conference: Oakland Community College, Farmington Hills, MI.

Lectures and Presentations – Partial List (Cont'd)

- October, 2006 *Oros-methylphenidate added to fluoxetine in treatment-resistant depression.* Presented at the American Psychiatric Association's 58th Institute on Psychiatric Services, New York, NY.
- September, 2006 “Expert for A Day” Akron, OH.
- September, 2006 “Peer Group,” Teleconference.
- April, 2006 “Implications of Undiagnosed AD/HD,” Institute for Retired Jewish Professionals, West Bloomfield, MI.
- January, 2006 “AD/HD Through the Life Cycle,” Blanchard Valley Regional Health Center, Findlay, OH.
- December, 2005 “The Comorbidity of Depression and Anxiety,” The Macomb-Oakland Regional Center,” Auburn Hills, MI.
- October, 2005 “AD/HD through the Life Cycle,” CHADD of Northwest Michigan Conference, Traverse City, MI.
- September, 2005 “AD/HD: A Disorder Across the Lifespan,” Keynote Speaker: Michael Golds Conference, Farmington Hills, MI.
- August, 2005 “The Use of Medication in Adolescents with AD/HD,” Havenwyck Hospital, Auburn Hills, MI
- July, 2005 Grand Rounds: “Treatment of Adolescents with AD/HD,” Havenwyck Hospital-Auburn Hills, MI.
- June, 2005 Grand Rounds: “AD/HD Through the Life Cycle,” Atlanta, GA.
- June, 2005 Moderator: “Adult AD/HD: Public Health Implications,” Scottsdale, AZ.
- May, 2005: Attention Deficit Disorder Association (ADDA) Conference: “Case Studies of AD/HD: Hyperactive Boys, Inattentive Girls, Restless Men, Tired Women”, Atlanta, GA. (Presented on 5/12.)
- May, 2005: Attention Deficit Disorder Association (ADDA) Conference: “A Review of Contemporary Treatments for AD/HD”, Atlanta, GA. (Presented on 5/13.)
- April, 2005: “Major Depression: New Perspectives of Care”, Las Vegas, NV.
- April, 2005: “Bipolar Type I Disorder: Contemporary Approaches to Treatment”, St. Joseph Hospital, Pontiac, MI.
- February, 2005: National Teleconference: “A Discussion of the Use of Benzodiazepines in Outpatient Psychiatry”.
- February, 2005: Keynote Speaker: Mental Illness Research Association, “Obsessive-Compulsive Disorder in Children: Treatment Options” (Presented with Mindy Layne Young, J.D., M.S.W.), Bloomfield Hills, MI.

Lectures and Presentations – Partial List (Cont’d)

- October, 2004: “The Relationship between Psychiatric Nurse Practitioners and Psychiatrists: Improving and Expanding on the Relationship”, Wayne State University College of Nursing, Detroit, MI.
- October, 2004: “Current Treatment Approaches in Bipolar Disorder”, Genesee County Community Mental Health, Flint, MI.
- July, 2004: National Conference: “An Update on Serotonin and Norepinephrine Reuptake Inhibitors”.
- May, 2004: “AD/HD: New Data on Contemporary AD/HD Medications”, Saginaw, MI.
- April, 2004: “Anti-Epileptic Medications in the Treatment of Generalized Anxiety Disorder”, Hollywood, FL.
- February, 2003: “The Role of Non-Stimulant Medications in the Treatment of AD/HD”, South Dakota.
- January, 2003: “Update of Contemporary Management of Depression”, Fort Wayne, IN.
- November, 2001: “Approaches to the AD/HD Child”, Pine Lake Elementary School, West Bloomfield, MI.
- October, 2001: “Treatment of Common Psychiatric Problems”, Grand Rounds, Wyandotte Hospital, Wyandotte, MI.
- September, 2001: “Women’s Mental Health Issues: New Approaches and New Medications”, Grand Rounds, Genesys Health Park, Grand Blanc, MI.
- September, 2001: “Current Treatment Options of Anxiety Disorders in Women”, Congdon Lecture Series at Genesys Regional Medical Center, Grand Blanc, MI.
- June, 2001: “Narcolepsy and Chronic Fatigue: Novel Approaches”, Birmingham, MI.
- April, 2001: “Generalized Anxiety Disorder: Novel Approaches to Diagnosis and Management, Grand Rounds, Grand Rapids, MI.
- April, 2001: Conference Director and Lecturer: 2nd Annual Michael Golds Memorial Conference, Farmington Hills, MI.
- March, 2001: “Parenting Approaches in the AD/HD Challenged Child”, Way Elementary School, Bloomfield Hills, MI.
- February, 2001: “Approaches to the Hateful Patient: How to Deal with a Difficult and Dependent Patient”, Dept. of Surgery, Crittenton Hospital, Rochester, MI.
- January, 2001: “Assessment of the Suicidal Patient”, Emergency Medicine Grand Rounds, Saginaw Community Hospital, Saginaw, MI.

Lectures and Presentations – Partial List (Cont'd)

- September, 2000: Clinical Conference: “Contemporary Treatment Approaches in AD/HD”, Chicago, IL.
- June, 2000: “New Treatment Options in Attention-Deficit/Hyperactivity Disorder, CHADD, Livonia, MI.
- April, 2000: Conference Director and Lecturer: The Michael Golds Memorial Conference, Farmington Hills, MI.
- December, 1999: “Diagnosis and Treatment of Attention Deficit Disorder Through the Life Cycle”, Grand Rounds, Oakwood Hospital, Dept. of Internal Medicine.
- December, 1999: “Use of Mood Stabilizing Medications in the Hospitalized Patient”, Roundtable Discussion, Mt. Clemens, MI.
- June, 1999: “Panic Disorders”, Crittenton Hospital.
- June, 1999: “Treatment of Mood and Anxiety Disorders” Advanced Communications and Education, Troy, MI.
- June, 1999: “New Treatment Strategies in Psychiatry: Role of Anti-Convulsants”, IntraMed Education Group, Troy, MI.
- June, 1999: “Taking AD/HD Into Y2K: Impact, Diagnosis and Treatment”, Medical Education Systems, Detroit, MI.
- December, 1998: “Seasonal Affective Disorder (Associated with Panic and Depression)”, St. Joseph Mercy Hospital, Pontiac, MI.
- November, 1998: “Updated Issues on the Diagnosis and Management of Depression”, The Rochester Medical Clinic, Rochester, MI.
- November, 1998: “Practical Clinical Approaches to Depression and Sexual Dysfunction”, Utica Area Healthcare Providers, Utica, MI.
- March, 1998: “Contemporary Issues in Adolescent Mental Health”, The Impact of Critical Events on Children, Oakland County Council for Children & Adults with Psychiatric Disabilities, Southfield, MI.
- October, 1997: “Anxiety Disorders in ‘Inpatient’ Patients”, Internal Medicine, Crittenton Hospital.
- June, 1996: “Attention Deficit Disorder in the Workplace”, Ford Motor Company, Dearborn, MI.
- June, 1995: “Treatment of Clinical Depression”, Department of Internal Medicine, North Oakland Medical Center, Pontiac, MI.
- January, 1994: “Special Concerns Regarding Elder Abuse”, Crittenton Hospital, Rochester Hills, MI.

Lectures and Presentations – Partial List (Cont’d)

- May, 1993: “Attention Deficit Disorder in Adults: An Under-diagnosed Clinical Disorder”, Psychiatric Grand Rounds, University of Michigan.
- June, 1992: “Differential Diagnosis of Depression”, given to senior medical students, University of Michigan Medical School.
- December, 1991: “Recent Advances in the Psycho-Pharmacology of Cognitive Deficits in Alzheimer’s Disease”, Geriatric Psychiatry Core Lecture.
- September, 1991: “K.P.: A Patient with Bulimia Nervosa and Borderline Personality Disorder”, Clinical Case Conference, University of Michigan Hospitals.
- April, 1990: “Pseudo-seizures; Etiology and Clinical Diagnosis”, Grand Rounds, Ann Arbor Veterans Hospital, Ann Arbor, MI.

Multimedia Broadcasts and Expert Faculty – Partial List

- October, 2013 “Substance Abuse in Young Adults,” HealthWorks, Fox 2 Detroit.
- October, 2013 “Response to the Halloween Obesity Letter,” WWJ News Radio Detroit.
- September, 2013 “Back to School Anxiety,” WWJ News Radio Detroit.
- July, 2013 “Can Irregular Bedtimes Reduce Brainpower in Children?” WWJ News Radio Detroit.
- July, 2013 “Camp Homesickness,” Paul W. Smith, WJR News Radio Detroit.
- June, 2013 “Addressing Parents’ Concerns About Screen Time” WWJ News Radio Detroit.
- January, 2013 “Don’t Blame Violent Video Games for Violent Acts” WWJ News Radio Detroit.
- January, 2013 “Responding to the Tragedy In Sandy Hook,” WWJ News Radio Detroit.
- January, 2013 “Concern Over Teens in the Wake of the Sandy Hook Shooting,” Live Interview, Fox 2 Detroit.
- October, 2012 “ADHD & Fatigue-Is there a Link? A Discussion of New Research,” Attention Talk Radio.
- July, 2012 “ADHD: Prevalence and Treatment,” HealthWorks, Fox 2 Detroit.
- November, 2011 “Treatment Considerations and Clinical Data for Adolescent ADHD.” Educational Video, Accessed at: <http://www.adhdproed.com/>
- September, 2011 “Psychiatric Implications of 11-Year Old Who Gave Birth,” Fox 2 Detroit.
- January, 2010 “Adult Attention Deficit/Hyperactivity Disorder,” Healthbeat with Deena Centofanti, Fox 2 Detroit.
- December, 2009 “How Do You Explain AD/HD to Your Patients?” Expert on Medical Crossfire Panel. Accessible at: <http://www.medicalcrossfire.com/Program/1000369>.

Multimedia Broadcasts and Expert Faculty – Partial List (Cont’d)

December, 2009	Coping with Holiday Stress, WWJ News Radio Detroit.
December 11, 2008	“Ask the Doctor” Segment about Seasonal Depression on WNIC FM Radio, Detroit, MI.
September 30, 2008	“The Psychological Impact of Stock Market Stress,” WXYZ News, Detroit, MI.
September 4, 2008	“Coping with Family Stress (spotlight on Detroit’s Mayor Kwame Kilpatrick),” WJR Radio, Detroit, MI.
August, 2008	“Dealing with Family Difficulties,” Fox 2 News, Detroit, MI.
July, 2008	“The Impact of Stress,” WJR Radio Interview
June, 2008	Live Television Interview: “Dealing with Storm Stress,” Fox 2 News, Detroit, MI.
December, 2007	“Depression and the Holidays,” WWJ News Radio.
December, 2007	“Depression and the Holiday Season,” Interviewer: Vanessa Denha-Garmo, “It’s Your Community,” Syndicated FM Radio Broadcast.
October, 2007	“Psychological Impact of Mortgage Foreclosure: What to tell your Kids,” Interviewer: Marie Osborn, WWJ News Radio.
August, 2007	Live Television Interview: “Adult AD/HD,” Fox 2 News, Detroit, MI.
June, 2006	Live Radio Interview: “Prescriptions for ADD Children: Are We Over-Diagnosing and Under-Medicating Kids?” KTKZ FM, Sacramento, CA.
February, 2006	Live Interview: “Relevant Issues in AD/HD Diagnosis and Treatment,” WMUZ FM, Detroit, MI.
April, 2005:	National Media Interview: “Current Controversies in AD/HD”, distributed to syndicated stations in the U.S.
January, 2005:	Interview: “Current Controversies in ADHD Treatment”, WJR-AM, Detroit, MI.
January, 2005:	Taped Interview: “Raising Awareness of Adult AD/HD”, aired on over 20 stations in the U.S. Media Campaign Sponsors: Chamberlain Healthcare Public Relations and the ADDA.
August, 2004:	Interview: “An Update on Current Controversies Surrounding AD/HD in the Adult”, WRCJ-FM, Detroit, MI.
June, 2004:	Consecutive Radio Interviews: “AD/HD: Current Controversies”.

Educational Outreach

May 2021	ADHD for Primary Care Lecture, WSU Residents
Dec. 2008- present	Hosted Wayne State University Department of Family Medicine residents during their psychiatric rotation
May 2008	Participated in <i>Mock Oral Boards</i> , Henry Ford Health System Department of Psychiatry and Wayne State University, Kingswood Hospital, Ferndale, MI.
May 2007	Participated in <i>Mock Oral Boards</i> , Henry Ford Health System Department of Psychiatry and Wayne State University, Kingswood Hospital, Ferndale, MI.
December 2007	Clinical Clerkship with Family Medical Resident, St. John Macomb Hospital
2007:	Hosted clinical psychiatry rotation student from Lecom University
1995-2001:	Instructor of Psychiatry for Family Practice Residents from Troy Beaumont Hospital

Community Projects

November, 2007	“Adult AD/HD Talk,” Jewish Book Fair, West Bloomfield, MI.
September, 2008	“AD/HD Experts On-Call,” New York, NY
September, 2007	“AD/HD Experts On-Call,” New York, NY.
June 2006-Present:	Project Chessed: Providing psychiatric services to medically uninsured Jewish adults
1999-Present	Founder and presenter: Michael Golds Memorial Conference on AD/HD, Farmington Hills, MI

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A Michigan Professional Corporation
By: Joel L. Young, M.D., its President

Date