

Feature	MDSI (Major Depression with Suicidal Thoughts or Behavior)	TRD (Treatment-Resistant Depression)
What it means	A serious type of depression where someone may have thoughts of suicide or suicidal behavior.	A type of depression that hasn't improved after trying at least two different standard antidepressant treatments.
Urgency	Often needs immediate attention and close care, sometimes including hospitalization, because of the risk of harm.	Serious, but not considered an immediate crisis. It is defined by how depression has responded to treatment over time.
Treatment	Spravato is given along with a newly started or adjusted oral antidepressant.	Spravato is given along with a new oral antidepressant. Hospitalization is usually not required.
Treatment Duration	Usually 1–2 months depending on insurance. Further approval under this indication is not allowed.	Usually 2–6 months to start, depending on insurance, with the option to request additional approval after the initial treatment period.