

Spravato Program - Timeline Expectations for Patients and Clinicians

Referral. Your clinician refers you to our Spravato Program by completing appropriate Spravato Referral Form. You may also complete the Patient Interest Form on our website.

Treatment Resistant Depression (**TRD**):
within 3 business days of Referral

Major Depression with Suicidal Ideation
(**MDSI**): within 1 business day of Referral

A member of our Spravato Team will review your referral form to determine whether you are a candidate, email you the program details that **require completion of forms**, and text you to confirm receipt. **If you do not respond**, we will phone you within one business week. If you do not respond within two weeks, and were referred by a clinician(s), we will inform your treatment team to determine whether to close your case.

Following receipt of your completed forms:

If you are not a candidate for Spravato we will send an explanation to your clinician and notify you. Qualifications that need to be met for Spravato Treatment will also be provided.

If you are a candidate for Spravato and have not seen a medication provider within the last 2 months, or do not have a medication provider, you will be scheduled with an RCBM prescriber within one to two months.

Once it is determined that clinical criteria, ability to attend treatment during RCBM hours and transportation requirements are met, along with outstanding balances settled, the **prior insurance authorization (PA)** process will commence.

PA for TRD can take
up to 30 days from point of first contact

PA for MDSI can take
up 2 to 3 business days

Once prior authorization is approved, you will be notified. If denied, appeal will be attempted. There are no guarantees of approval and appeals take 1 to 4 weeks.

Within 2 – 3 business days of approval

We will contact you to schedule your treatments and enroll you in **REMS**. Following verification of your enrollment in REMS and your signature on the **Spravato Program Policies and Expectations form**, your treatments can begin.

Your referring clinician will be provided with recurrent **updates on your progress** and **renewals of your authorization for Spravato** will continue to be pursued by the Spravato Team throughout the course of your treatment.